



SILIGURI INSTITUTE OF TECHNOLOGY NSS SIT Unit Activity Calendar for Even Semester 2023

SI. No	Name of the activity	Month	Program details	No. of volunteers	Activity Coordinator
1.	Yoga Classes	From January ' 2023 (Every Tuesday 4:00 – 5:00 PM)	Trainer: Mr. Ramesh Prasad Certified trainer by Patanjali Yog Samiti	All 1st year students	Mr. Apurba Chakraborty
2.	Blood Donation Camp as an outreach activity	March' 2022	Venue: Open area near AJC Bose Auditorium Time: 11:00 AM – 2:00 PM	80 - 100 students	Mr. Anup Dutta Mr. Rajeeb Chetri
3.	Eye check up and medical camp as an outreach activity	April' 2022	Venue: Open area near HMCT Department Time: 11:00 AM – 2:00 PM	40 - 50 students	Mr. Anup Dutta Mr. Rajeeb Chetri

Name: Rajeeb CheFri Designation: Asst. Prof and Coordinator NSS - SIT Unit

Siliguri Institute of Technology

10 Daysols